

Keeping Healthy and Safe: Fighting Germs

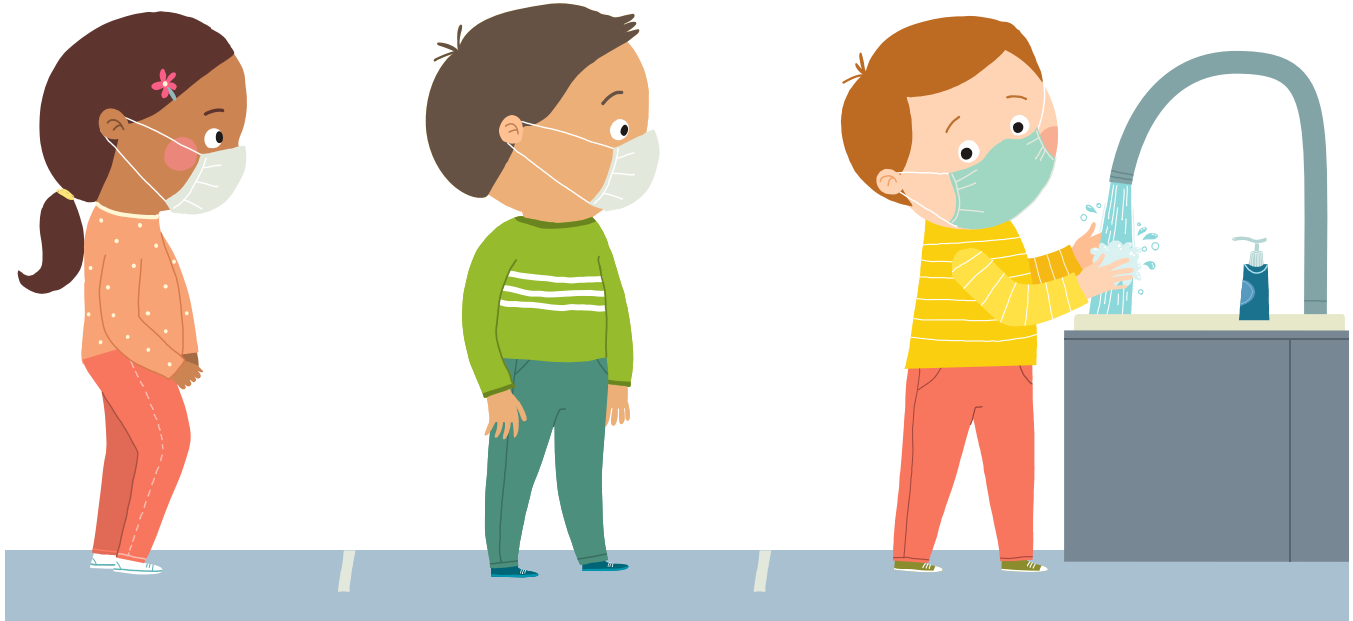
Young children are learning the importance of clean hands and clean environments. Adults can support them with simple explanations, visual supports, and practice.

Provide a Simple Explanation

Use simple phrases, such as “Washing hands is one of the best ways to get rid of germs! Washing our furniture and supplies helps germs go away, too!”

Use Visual Supports

Provide pictures of children washing their hands or using hand sanitizer.



Set Them Up for Success

Have children sing the ABCs as they scrub their hands to make sure they wash their hands long enough.

Provide Practice and Encouragement

Stamp children’s hands and have them scrub off the ink to make sure they thoroughly wash their hands.

Any opinions, findings, conclusions, or recommendations expressed in this tip sheet are those of the author(s) and do not necessarily reflect the views of the Illinois State Board of Education.



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